

A woman with long dark hair, smiling, wearing a purple halter-neck dress with a wide gold belt. She is standing against a solid purple background. The text is overlaid on the image.

*Welcome to the*  
**7-FIGURE SHIFT**  
3-Day Live Workshop

A 3-Day Journey to Feel Safe With  
Success and Step Into Overflow

DECEMBER 2<sup>ND</sup>, 4<sup>TH</sup>, & 6<sup>TH</sup>

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In your possession right now is the key to your next level of wealth and expansion.

The following is your Move to Millions Money Map and Companion Guide for the 3-day Soul And Sacred Expansion Workshop: The 7 Figure Shift

I highly recommend that you print your workbook out and have it ready to capture your insights and inspirations during our three workshops together.

Don't forget to share your progress and aha moments with me by tagging me on Instagram [@darnyellejerveyharmon](#)



Please Note: The 7 Figure Shift is an introduction to the foundation for making, moving, sustaining and eventually leaving millions.

This experience will highlight the little known shift that is essential if you desire to become the CEO of a company that generates millions a year.

This is the start of the abundance of your most desire coming full throttle into your life experience.

# Welcome

I am so excited that you are here!

You are here because you are ready to experience the SHIFT, financially and spiritually!

Over the last 18 years, I have helped THOUSANDS experience results that shift the trajectory of their finances and spirituality like....



**“SIX-FIGURE MONTHS ARE MY NEW NORMAL!”**

*“Working with Darnyelle has been a game changer for me! Strategy-tight. Sales-tight. Systems-tight. Support team-tight. In the last year, I’ve crossed a major threshold and now I’m a million-dollar CEO! Darnyelle is the GOAT, and I’m telling you: your life will NEVER be the same if you get into her space!”*

**“WORKING WITH DARNYELLE HAS BEEN A BREATH OF FRESH AIR!”**

*“Working with Darnyelle has been a breath of fresh air. I hired Darnyelle for her VIP Experience for my live event, Impact Weekend. She is brilliant and the way she loves on and supports her clients is top notch. I am so grateful to have worked with her for the last two years. Her coaching and consulting has helped me to continue to run my million-dollar company.”*



**“AN IMMEDIATE 10X RETURN ON INVESTMENT FROM MY VIP DAY WITH DARNYELLE!”**

*“Spending the day with Darnyelle was a game changer. Before hiring Darnyelle, I was already a multi-million dollar business BUT she is shifting me into building out the systems and infrastructure for a company that I can hire a CEO to run. She is helping us to up-level what we offer and how we serve our clients. She also tightened my offers and from that one offer I have made more than \$100,000 AND because of the strategy we created during our day together, I have a \$400,000 cash month 30 days after our VIP Day. I am continuing to see a return on this investment each and every month. I recommend anyone who truly wants to learn how to scale with ease spend at least a day with her. She changed my life.”*



*Hi, I'm Dr. Darnielle*

**God Girl, Award-Winning Spiritual Business Growth Strategist, Money Mindset Maven, Multi-Millionaire Business Mentor, Best Selling Author and International Speaker.**

My name means the secret place where dreamers go to dream.

In 2010, after YEARS of financial setbacks and money trauma, I filed bankruptcy with more than \$250,000 on credit cards and took my first ever financial literacy course and by 2011, I was a net worth millionaire.

And it wasn't because I inherited a large sum of money. It was because I made a decision to build a solid, loving, respect-filled relationship with money. Every step I have taken over the last 15 years, has culminated into this moment. Every student taught, every client served, and every dollar of my 8-figure net worth happened because I made the 7 Figure Shift.

And now, it's your turn....

## Welcome to The 7-Figure Shift.

These next three days will help you uncover why your success hasn't held, how your body and beliefs have been protecting you from overflow, and how to rewire for abundance that feels safe, sustainable, and soul-aligned.



# A Message From Dr. Darnielle Jervey Harmon

Dear 7-Figure CEO In the Making,

As a multi-millionaire who knows firsthand that making and keeping millions is not what it seems at face value, I am so excited that you are here with me for this powerful 3 day distinct workshop event, to experience the ONE POWERFUL SHIFT that will be the difference maker if you stay open and align to what's possible for you.

Let's be clear, you've already done so much right. You've built a business from your brilliance, led with faith, invested in yourself, and accomplished what most people only dream about. Yet something still feels off. The harder you work, the heavier it feels, and the more success you create, the more unstable it seems.

That's not failure. That's your nervous system doing its job.  
You were never designed to hustle your way into overflow. You were designed to hold it.  
This workshop will show you how.

**Over the next three workshops, we'll uncover why your body and beliefs have been protecting you from the very abundance you've been praying for.** You'll learn how safety, strategy, and soul work together to create a new rhythm for success, one that feels calm, congruent, and sustainable.

I created The 7-Figure Shift because I watched too many high-achieving CEOs try to fix internal resistance with external strategy. The truth is, strategy will only take you as far as your nervous system feels safe to go. This experience is your invitation to expand that safety, so you can finally receive and retain what's already yours. You're not here to do more. You're here to become more... more grounded, more regulated, more available for overflow.  
Welcome to your shift.

Let's Make Millions Move,

**Dr. Darnielle Jervey Harmon**

CEO + Founder, Incredible One Enterprises®, Move to Millions®, Haus of Millions® and God Girls Making Millions®

*Creator of The Sanctuary Embodied Method™ and The Move to Millions Method®*

# How to Get the Most from This Experience

- Treat this as sacred time. Show up fully for each session.
- Write in this workbook, your handwriting creates a physical connection to your transformation.
- Share your insights in the community. You'll realize you're not alone.
- Submit your homework – not just for the prizes but to reinforce your key learnings and takeaways
- Reflect daily. Rest, hydrate, and allow revelation to integrate before implementation.

*You are safe to expand. You are ready to receive. You are becoming the CEO who can hold millions.*



## Workshop Overview

**Mark your calendar to join me for each of the three live sessions of the 7 Figure Shift Workshop and I will show you the one shift you didn't even know you need to make to welcome overflow and abundance to the tune of millions.**

Over the next three workshops, you'll begin the journey to move through a complete transformation, from surviving your success to feeling safe sustaining it.

**Day 1: The Stall** reveals the hidden reasons your progress has plateaued and why your body resists the very growth you've been chasing.

**Day 2: The Striving** shows how your hustle has been a nervous-system safety response, and how to shift from overworking to overflow.

**Day 3: The Shift** brings it all together, helping you integrate safety, strategy, and soul so you can lead as the Secure Steward™ of your next level.

*By the end of this experience, you'll no longer chase abundance, you'll have the tools to calibrate to it. You'll understand why success stopped feeling safe, how to rewire your body for expansion, and what it means to hold millions with peace, presence, and purpose.*

# Testimonials



## "I made the Move to Millions"

"I just want to say that Darnyelle Jervey Harmon is the GOAT. Over two different programs, I have gone from a \$39.5K sales day from one presentation to tripling my revenue in a year to a 7 figure business in our 2<sup>nd</sup> year working together. Darnyelle's support, coaching and mentoring have been invaluable. This community is top-notch and the way that Darnyelle integrates spirituality with business is unmatched."



## "FROM SLOW SALES TO MULTIPLE NEW PAY IN FULL CLIENTS!"

"As a new member of the Proximity, a Move to Millions Mastermind, I am committed to doing what Darnyelle says. During our last call, Darnyelle took notice to my energy and invited me to stay after the call. Darnyelle spent extra time with me to help me make a shift that led to a three multi-5 figure pay in full clients in two weeks! I haven't felt this seen and supported in a long time. This is already a game changing community for me. I'm so grateful!!"



## Your Intention:

Write one sentence to anchor your experience.

*I am ready to shift from \_\_\_\_\_ to \_\_\_\_\_.*



# DAY 1 — THE STALL



Theme:

Why Success Stops  
Feeling Safe



Quote:

“You can’t out-strategize a  
nervous system that  
doesn’t feel safe.”



Promise:

Today, you’ll uncover the  
real reason your growth  
has stalled, and learn how  
to reconnect to safety so  
success feels sustainable.



## Arrival & Intention

**When you think about growing to your next level:**

What do you notice in your body?

What emotions arise?

What would help your body feel safe right now?

## The True Stall Framework

Type of Stall	Definition	How This Shows Up for Me
Identity Stall	Who I believe I must be to be safe or successful	_____
Survival Stall	Old protective patterns that once worked but now limit me	_____
Spiritual Stall	Misalignment between calling, confidence, and trust	_____

## The Body's Response to Growth

Mark where you feel "the stall" in your body (chest, jaw, shoulders, etc.).  
Then complete the affirmation:

It is safe for me to \_\_\_\_\_.

## My Stall Snapshot Report

Moment or Trigger	Body Sensation	Protective Thought	New Truth
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

## Reflection: Revelation From the Stall

What am I realizing about how my body keeps me safe?

What does success feel like when it's safe, not stressful?

One word to describe how I want to feel tomorrow: \_\_\_\_\_

## Homework

- ☐ Complete your Stall Snapshot Report and submit for a chance to win day one's prize
- ☐ Post one insight in the community (extra entrees into bonus drawings if you post a video)
- ☐ Invite a friend who needs this conversation for the remaining days
- ☐ Listen to the Move to Millions Podcast, Subscribe and leave a review for a chance at a prize

## Quote to Remember:

"Resistance is not rebellion—it's revelation."



# DAY 2 — THE STRIVING



## Theme:

Why Hustling Harder  
Won't Take You Higher



## Quote:

"Striving isn't a success  
strategy, it's a safety  
strategy."



## Promise:

Today, you'll learn why  
your body doesn't feel  
safe with more, and how  
to rewire from survival into  
sustainable overflow.

## Arrival & Intention

**When you think about slowing down or receiving more:**

What sensations rise in your body?

Where do you equate rest with risk?

## The Brain on Striving

Amygdala Survival Brain	Prefrontal Cortex Success Brain
Scans for danger	Scans for opportunity
Reacts impulsively	Responds strategically
Short-term safety	Long-term vision
Protects the past	Creates the future



Where does my brain spend most of its time?

What helps me feel safe enough to move into my Success Brain?

# The Money Loop

**Trigger → Survival Response → Striving → Temporary Relief → Repeat**

Describe a recent example of this loop in your life or business:



The Money Thermometer



# The Money Thermometer: The 5-A Scale

Every nervous system has a range where money feels safe.

Use this scale to identify where your body currently lives with money, wealth, and receiving.

Level	Definition	How It Feels in My Body / Business
Avoidant	I disconnect from money to feel safe; I don't look, track, or engage until I have to.	_____
Anxious	I obsess over money to feel safe, I over-check, over-work, or over-give to regain control.	_____
Aware	I notice my patterns, some days I regulate, some days I spiral. I'm learning to pause before reacting.	_____
Aligned	I feel steady and grounded; money flows in rhythm with my values, energy, and capacity.	_____
Abundant	I feel spacious and secure; overflow feels natural, safe, and sustainable.	_____

## Prompt:

Mark where you are today.

What would it take for your body to move one level higher on the 5-A Scale?

**(Place an X on the thermometer and describe below.)**

When I go above my comfort line, I feel \_\_\_\_\_.



## The Wealth Window™

Zone	Feeling / Response
Too Little (Fear of Not Enough)	_____
Just Right (Safe Capacity)	_____
Too Much (Fear of Losing Control)	_____

When I expand beyond my comfort zone, I notice \_\_\_\_\_.

## Money Attachment Styles

Style	Pattern	Secure Shift Practice
Avoidant	Avoids money conversations or tracking	_____
Anxious	Over-checks, over-works, over-delivers	_____
Disorganized	Swings between feast and famine	_____
Secure	Calm, confident, consistent	_____

Which style do you identify with most? \_\_\_\_\_ .

## The Strive → Secure Spectrum

Striver	Secure Steward
Hustles for worth	Operates from wholeness
Reactive decisions	Regulated discernment
Success = safety	Safety = success

One behavior I'll shift this week to feel more secure: \_\_\_\_\_.

## How My Archetype Strives

Archetype	Striving Pattern	Secure Shift
Performer	Proves worth through visibility	_____
Producer	Perfected for validation	_____
Pathmaker	Pivots prematurely	_____
Powerhouse	Pushes through exhaustion	_____
Prophet	Pauses from fear of being too much	_____

## Reflection: The Secure Steward Shift

What does “Safety = Success” mean to me now?

How will I start regulating before reacting?

## Homework: My Money Body Log

Trigger Moment	Body Sensation	Reaction / Thought	Safety Practice I Used
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

- ❑ Post one insight about your Money Body Log
- ❑ Turn in your homework for a chance at Day two's prize
- ❑ Comment on two other posts
- ❑ Bonus: Share your Archetype + Money Pattern on social

## Quote to Remember:

"Wealth doesn't come from what you earn—it comes from what your nervous system can safely hold."



# DAY 3 — THE SHIFT



Theme:

Becoming the CEO Who  
Can Hold Millions



Quote:

You were never created to  
chase abundance; you  
were created to calibrate  
to it."



Promise:

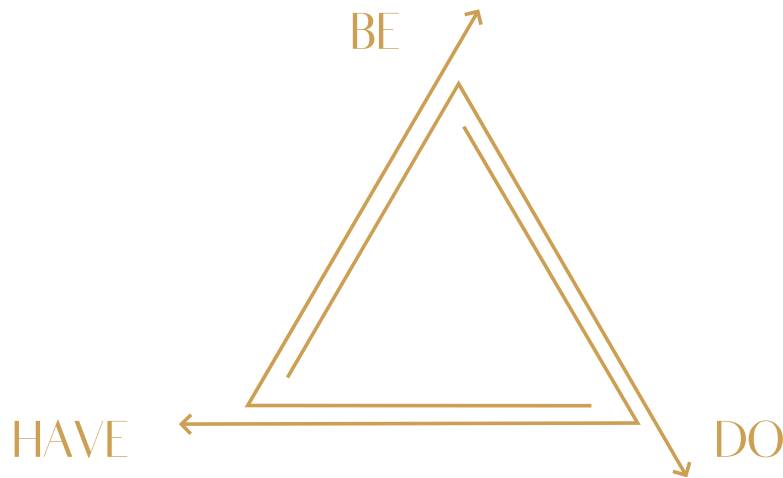
Today, you'll integrate  
everything you've learned,  
safety, strategy, and soul,  
so overflow becomes your  
new normal.

## Arrival Reflection

What awareness from Day 1 or 2 already changed how I see myself or my business?

It's safe to expand.

## The Model of Abundance



Who must I BE to DO what I desire so I can HAVE what I've prayed for?

My 7-figure self feels \_\_\_\_\_ about money and success.

## The Seven Internal Shifts of Abundance

Shift	From → To	My Micro Reflection
1. Striving → Safety	"Safety stabilizes me."	_____
2. Control → Trust	"Control is counterfeit certainty."	_____
3. Scarcity → Sufficiency	"Sufficiency restores sight."	_____
4. Force → Flow	"Ease is efficient."	_____
5. Comparison → Congruence	"Honesty heals collapse."	_____
6. Doing Alone → Receiving Support	"Receiving is a muscle."	_____
7. Later → Now	"Now is the doorway."	_____

## Money Capacity Map

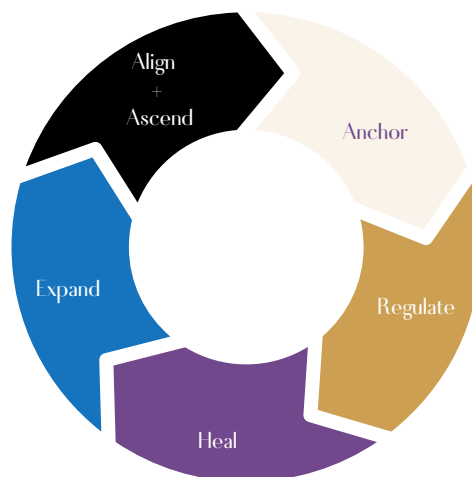


When I think about money, visibility, or growth...

I feel safest when \_\_\_\_\_.

My next safe expansion is \_\_\_\_\_.

## The 7-Figure Frequency Blueprint



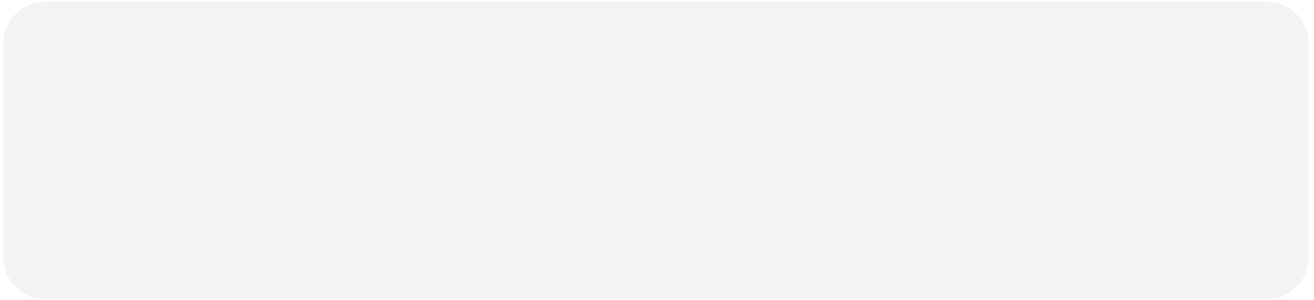
Circle where I am right now: \_\_\_\_\_

Star where I want to be in 90 days: \_\_\_\_\_

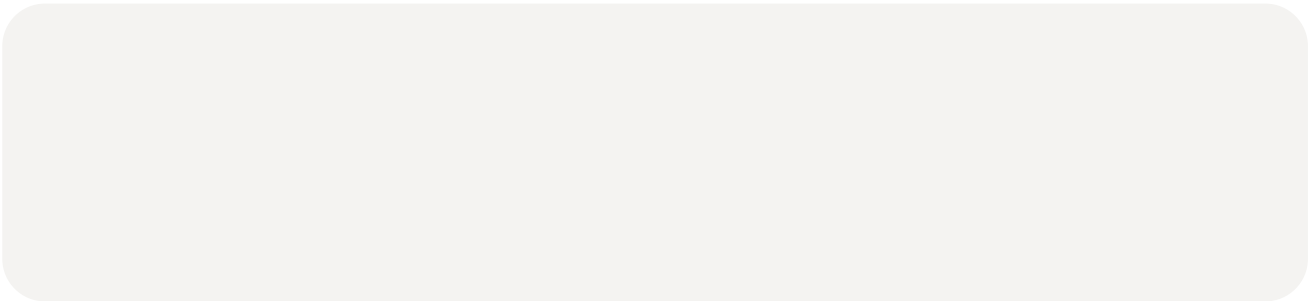
One behavior that will demonstrate this move: \_\_\_\_\_

## Phase Prompts:

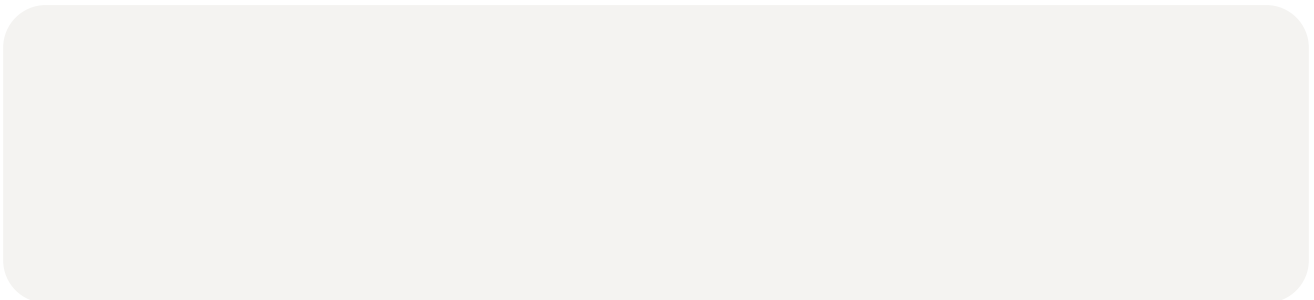
Anchor → One belief I'm rooting in this quarter:



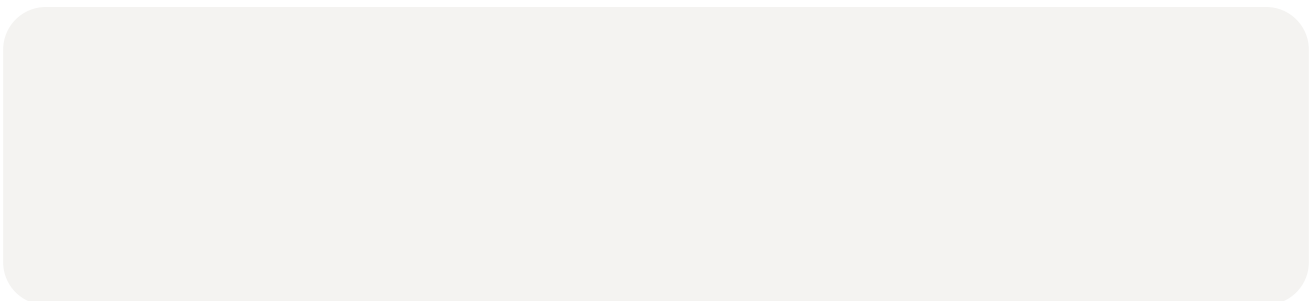
Regulate → One practice that calms my body daily:



Heal → One story I'm releasing:



Expand → One place I'm safe to receive more:



Align → One system that protects my peace:

Ascend → One overflow ritual I'm adopting:

## Embodiment Pause

Close your eyes and imagine living from these seven shifts.

Which shift feels like your primary doorway? \_\_\_\_\_  
It's safe to have it now.

## My Secure Steward Identity™

- I am safe to \_\_\_\_\_
- My body now trusts \_\_\_\_\_
- I steward overflow by \_\_\_\_\_
- My new affirmation of abundance: \_\_\_\_\_

## Closing Declaration

Abundance Is My Natural State — and I Am Ready to Claim It

Signature: \_\_\_\_\_



## Your Next Move:

### **The sacred space where strategy meets spirituality.**

This is where you'll integrate everything you began here—nervous system regulation, spiritual alignment, and the art of becoming a Secure Steward of overflow.

## Opening Ceremony

Monday, December 8 at 1 PM ET

*"Safety is the strategy. Stewardship is the structure. Overflow is the result."*



## About Dr. Darnyelle

Dr. Darnyelle Jervey Harmon is an award-winning CEO, international speaker, and spiritual business growth strategist who helps high-achieving six-figure CEOs scale their businesses to and beyond seven figures without losing their souls in the process.

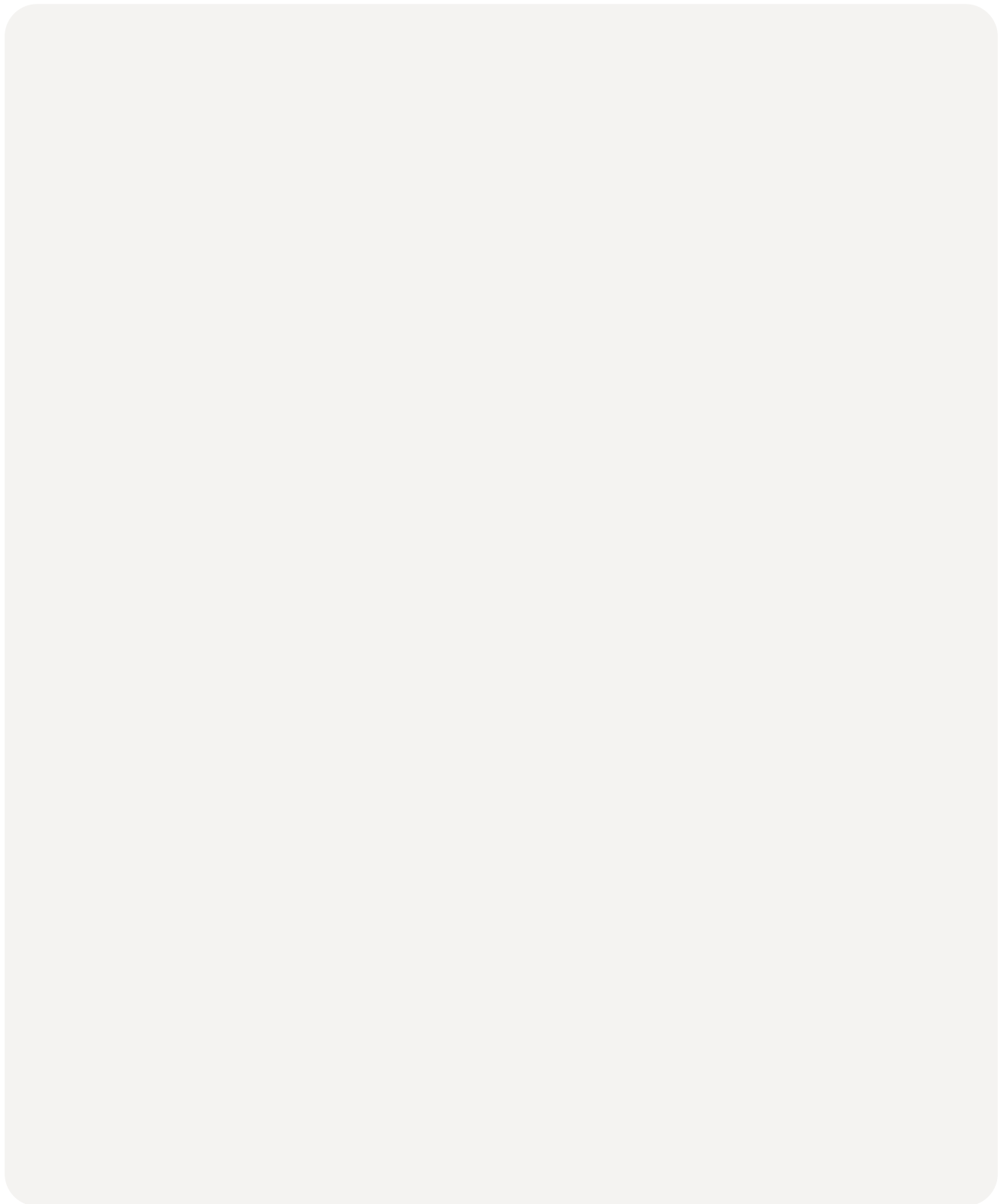
Through her proven Move to Millions Method® and signature programs under the Haus of Millions® brand, she's helped more than 82 entrepreneurs cross the 7-figure mark, and hundreds more unlock the mindset, systems, and alignment to sustain it.

She is the author of Move to Millions: The Proven Framework to Become a 7-Figure CEO with Grace & Ease Instead of Hustle & Grind and the host of the top 1% Move to Millions Podcast, with over 1.8 million downloads.

Dr. Darnyelle's work sits at the sacred intersection of strategy and spirituality, helping Legacy-Led CEOs™ align their businesses, nervous systems, and beliefs to experience abundance that feels as good as it looks.



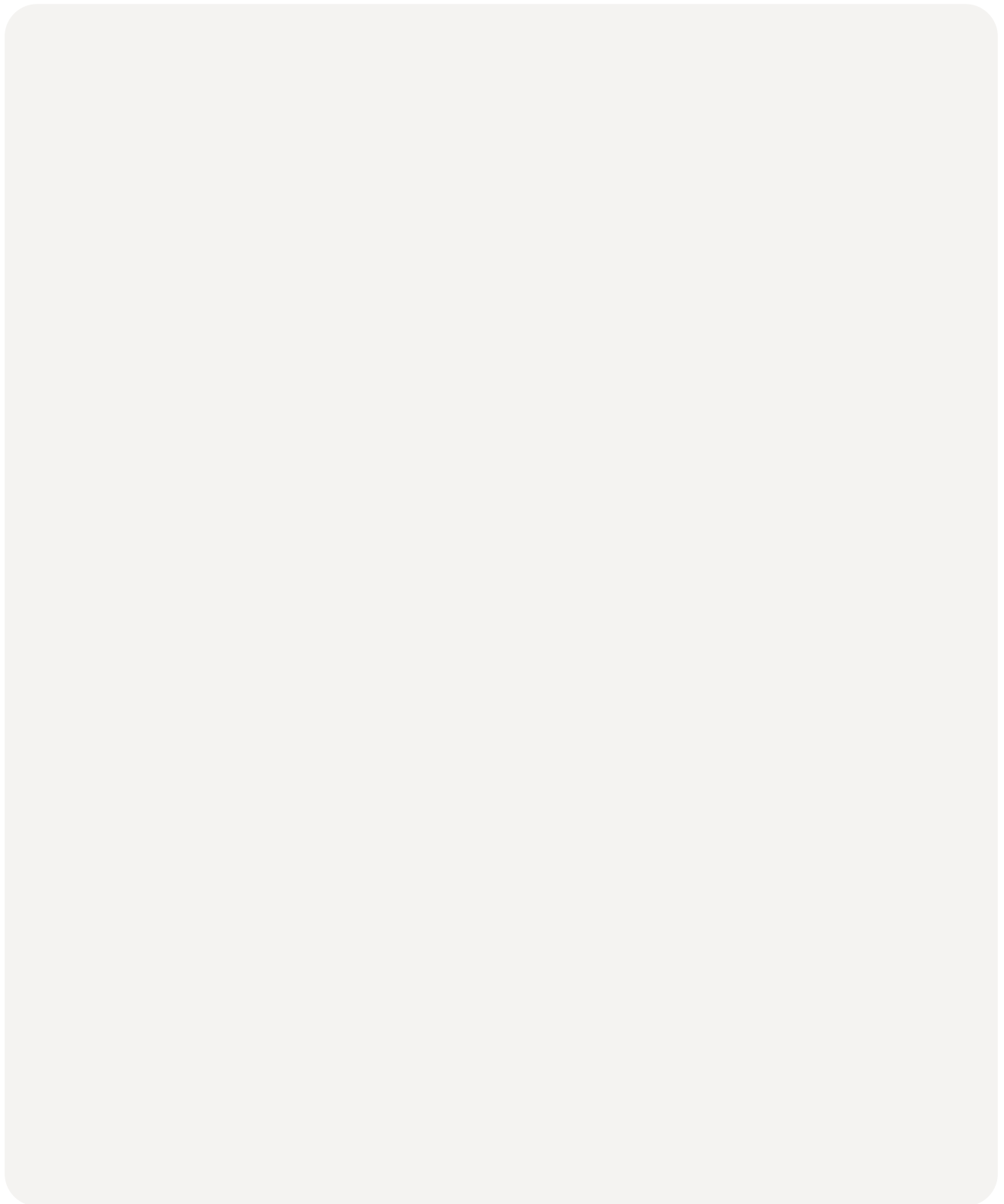
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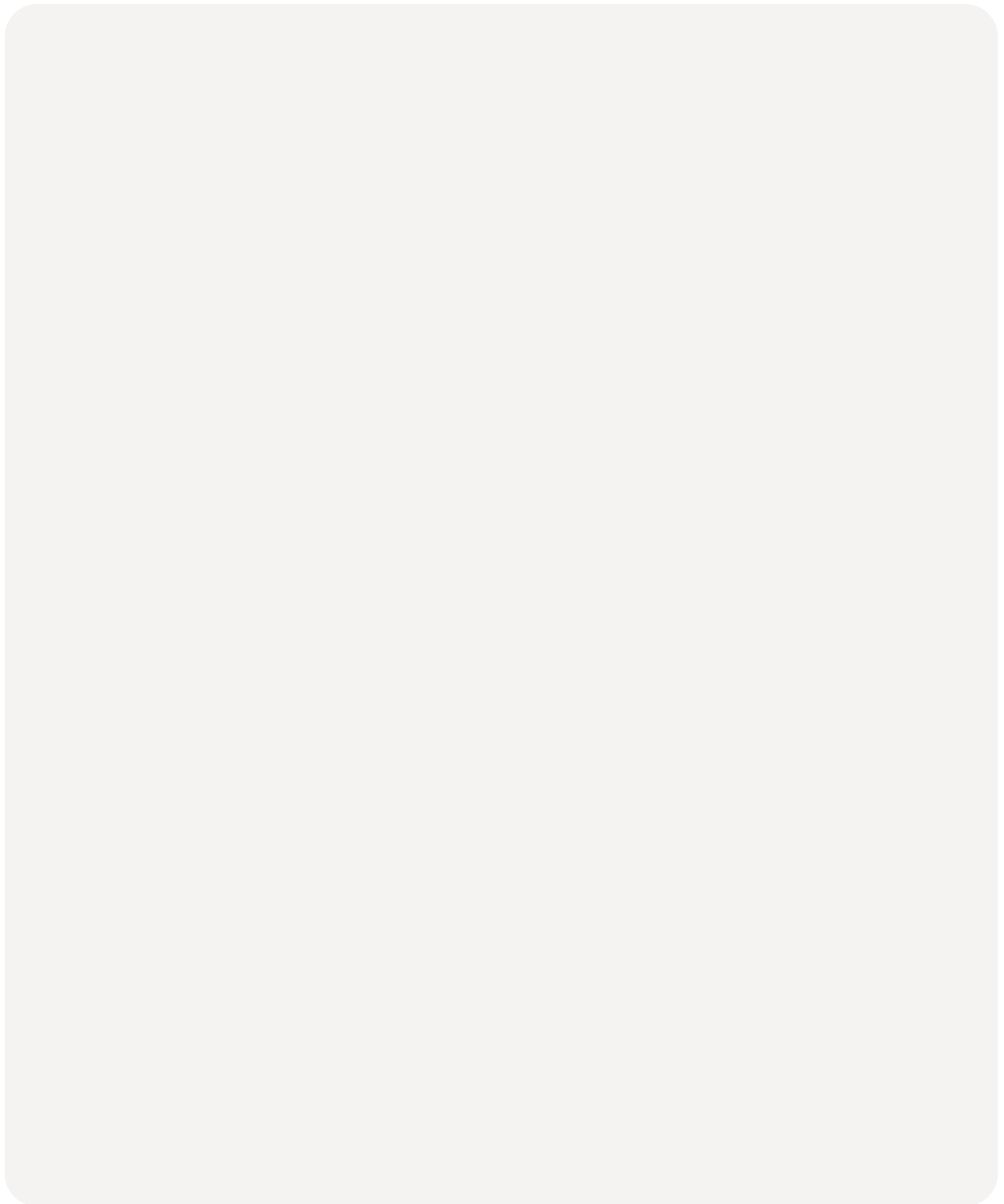
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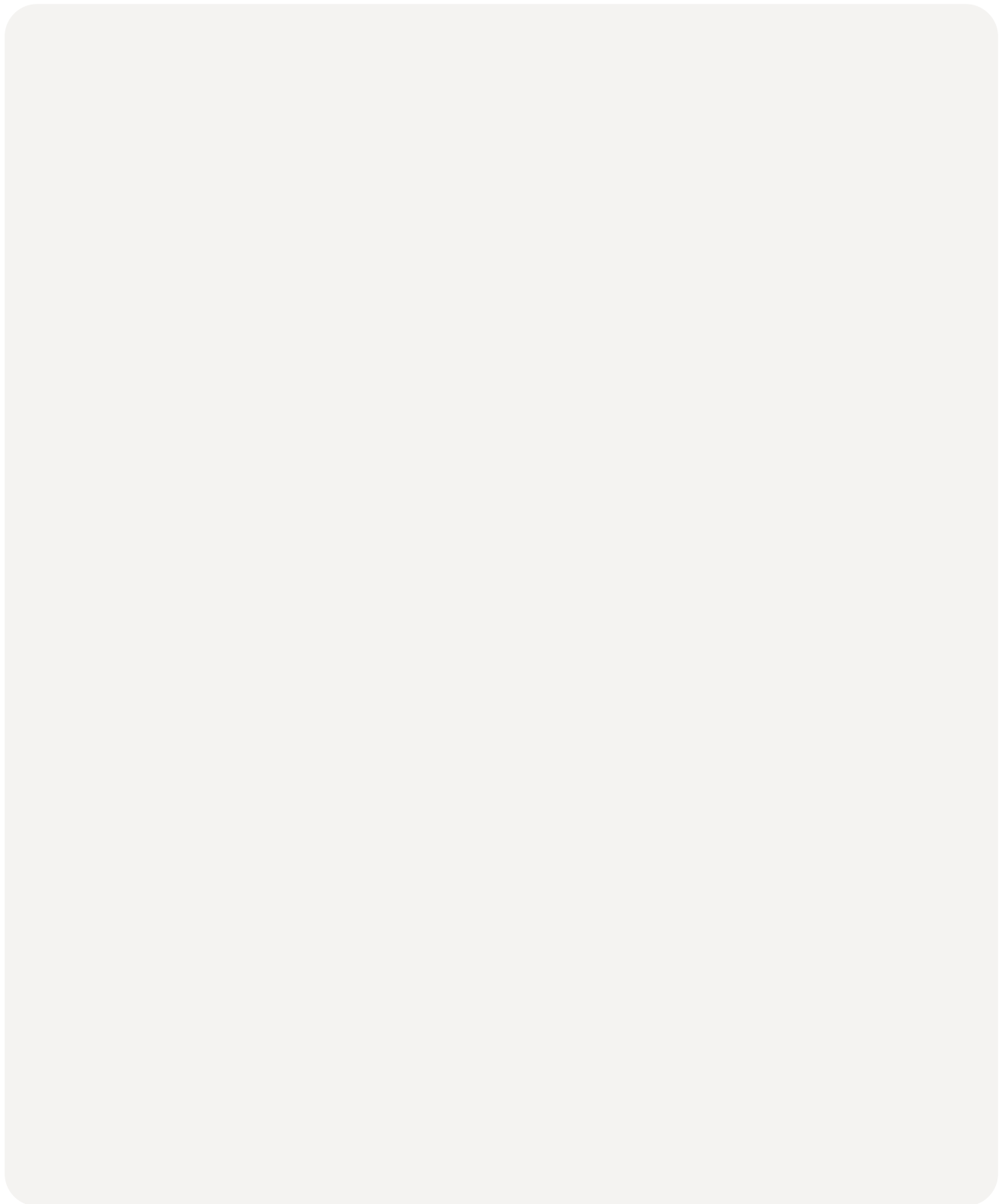
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