



# The Next Level Everything Challenge

*7 Days. 7 Breakthroughs. Your Next Level.*

## Day 3: Next Level, New Devil

You might be familiar with the saying, “at every level you meet a new devil,” right? Well, this challenge is sure to bring some devils to the surface, so we are going to deal with the elephant in the room.

The reason you haven’t hit your next level isn’t for lack of skill or even what to do; it’s fear, self-sabotage and limiting beliefs.

***Don’t shoot the messenger, I just call it how I see it.***

You see, whenever presented with an opportunity to go to the next level, fear always shows up first. It’s actually a gut check to let you know that you are on the verge of something significant. Part of the challenge with putting fear in its proper place, is that you don’t see it as a symptom of something positive about to come, and it stifles your ability to get what you desire. It’s like driving with your foot on the gas and the brake at the same time.

That’s about to change...

**My prayer for you is that you will get to the point where when you feel fear, you will know that you’re supposed to do the very thing that is causing you fear!**

Believe it or not, fear is also a reflex response to not wanting to admit that whatever is creating the fear is meant for your highest good.

But it doesn’t have to be that way...

### Your Assignment:

Take 15-20 minutes to complete the self-assessment questions on the next pages.



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1. Think about your Next Level Everything. What fears immediately come up? List them.

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2. Pick a fear that is very real for you right now, one that threatens your next level everything. [Watch the video for today](#) and follow the steps.

3. What have you learned about yourself from completing this challenge?

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4. How likely are you to let fear stop you going forward on a scale of 1 (very likely) to 10 (not at all – I will see it for what it is and proceed)? \_\_\_\_\_

5. What is affecting your answer?

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**Final question:** Maya Angelou says “when we know better, we become better because we do better.” Now that you are aware of your fears, limiting and self-sabotaging beliefs, are you ready to become better by doing better so that they don’t keep you from your NEXT LEVEL EVERYTHING?

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## Share in the Facebook Group:

Share some of your fears and limiting beliefs in the [Six Figure Cash Flow Club](#) today to get credit for participating on Day 3. A Grand Prize (and your ability to successfully position yourself for your next level) is at stake, so don’t forget to comment!

**Congratulations! You’ve completed Day 3 of the Next Level Everything Challenge.**

Be Incredible,