



# The Next Level Everything Challenge

*7 Days. 7 Breakthroughs. Your Next Level.*

## Day 1: Alignment | Connection | Confidence

Welcome to the Next Level Everything Challenge! Today is all about Alignment, Connection and Confidence, because in my opinion there is no way we can think next level without getting right with our Creator.

A few years ago I watched the movie *Not Easily Broken*, and I remember the scene where the main character, Morris Chestnut said, "If you want to know the purpose of a thing, ask the creator of the thing." So, on this first day, we are going higher – to your alignment and connection with God, the Creator of our abundant Universe.

### **What do I mean by Alignment?**

Alignment is synonymous with seeing yourself the way God sees you. Alignment produces ease and flow.

When I was in my twenties, I heard something that changed my life forever: *When God gives you something, it won't need batteries. It will be easy and ready to use.* To this day, my recognition about how aligned I am with God brings me back to this statement.

Whenever things aren't easy, I know immediately that I am out of alignment. And I stop what I'm doing, get centered, get focused, and I reconnect with God. And when I do show up as an empty vessel, I get filled with His spirit which returns me to seeing myself the way He does... and any fear, limitation, or doubt dissipates. And that, Incredible One, is what we are after for you!

In order to prepare for NEXT LEVEL EVERYTHING, you have *got* to be aligned and connected to the source of all creation, even YOU. Alignment negates fear and connection creates confidence. Being in alignment means that your connection to God is at its height and because of your connection, nothing in and about you wavers from your confidence to your conviction to do what you must to give God something to bless.



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Being out of alignment always produces friction...



But being in alignment leads to this:

**A**greement with God that  
**L**everages Your  
**I**nate  
**G**ifts for  
**N**ext Level Everything

When you're out of alignment, everything is off – your integrity, your spirituality, how you show up in every area of your life, how others see and perceive you, the energy you give off, who and what you attract, what you charge, EVERYTHING.

## Today's Activity

Take 15-20 minutes and complete today's video and assignment. This is meant to be a quick assessment, so write what is on your heart and quickly comes to your mind. [Click here to watch the video](#) and then complete the questions on the following pages. You may want to print this sheet out.



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**At first thought, where are you out of alignment?**

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**Your thoughts on my demonstration of misalignment in today's video?**

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## Rate Your Misalignment

**(1 = the statement is the least accurate; 10= the statement is the most accurate)**

Even though I start my day in prayer, meditation, etc. I often get off track, question my purpose, and am depleted by the end of the day.	N/A 1 2 3 4 5 6 7 8 9 10
Even though I set goals, say affirmations and focus on the positive, I seldom get what I affirmed or focused on.	N/A 1 2 3 4 5 6 7 8 9 10
I find myself frustrated at least once a day.	N/A 1 2 3 4 5 6 7 8 9 10
I speak down to myself or make casual covenants when I think about myself and my goals.	N/A 1 2 3 4 5 6 7 8 9 10
I struggle with making time for myself on a daily basis.	N/A 1 2 3 4 5 6 7 8 9 10



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I often doubt whether I can build this business and close the right clients and make the money I require to live my best life and take care of my family.	N/A 1 2 3 4 5 6 7 8 9 10
I play small and shrink back in order to be loved and liked (both online and in real life).	N/A 1 2 3 4 5 6 7 8 9 10
I feel that my connection to God is strong.	N/A 1 2 3 4 5 6 7 8 9 10
I often ask myself "what is wrong with me?".	N/A 1 2 3 4 5 6 7 8 9 10
I am confident in myself as a person, partner, parent, business owner and my confidence goes with me everywhere I go.	N/A 1 2 3 4 5 6 7 8 9 10
I have invited God to be a part of my life and business in all ways, always.	N/A 1 2 3 4 5 6 7 8 9 10
I find myself procrastinating on a regular basis.	N/A 1 2 3 4 5 6 7 8 9 10
I would rather make an excuse than own my shortcomings.	N/A 1 2 3 4 5 6 7 8 9 10
I am in alignment with God and my divine mandate feeds my spirit and soul.	N/A 1 2 3 4 5 6 7 8 9 10
I often question if God likes me based on what I'm going through in my life and business.	N/A 1 2 3 4 5 6 7 8 9 10
I love the life and business I've created.	N/A 1 2 3 4 5 6 7 8 9 10
I am ready for my next level because I realize that I am in alignment, connected and confident.	N/A 1 2 3 4 5 6 7 8 9 10
<b>Overall Assessment</b>	<b>N/A 1 2 3 4 5 6 7 8 9 10</b>

**What have you learned about yourself based on the misalignment assessment?**

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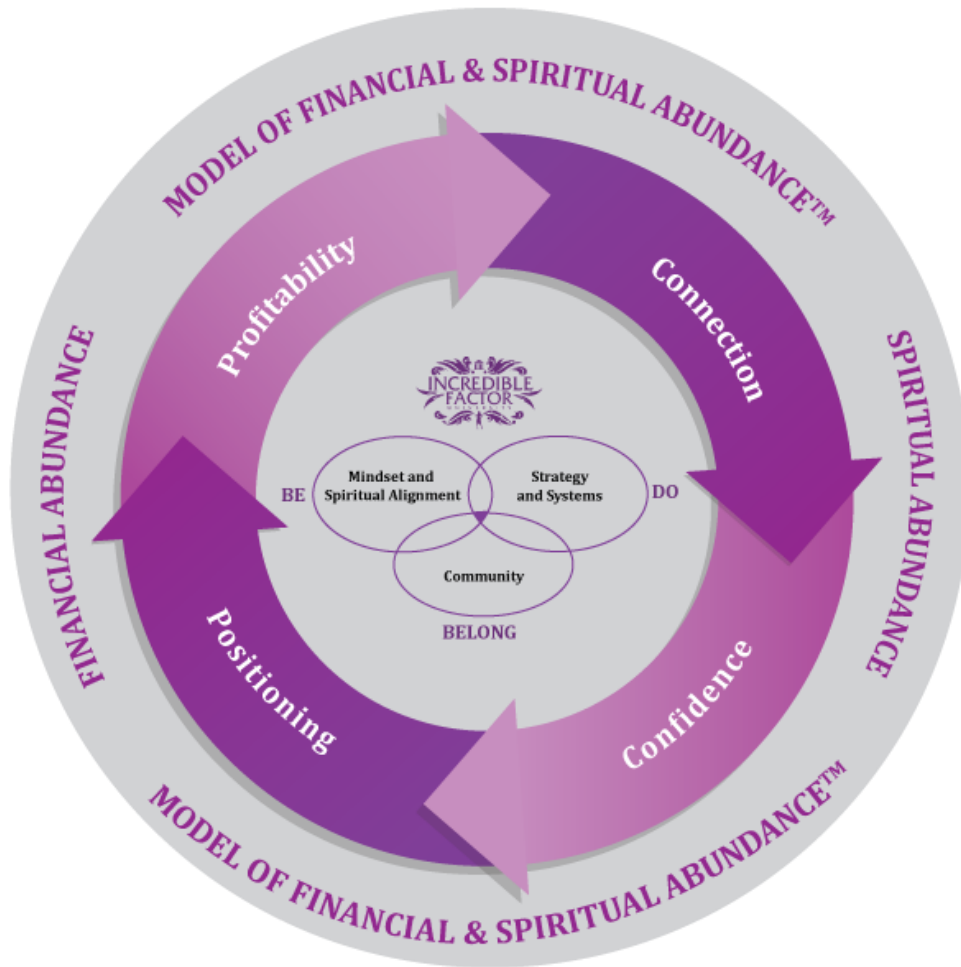
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Now, let me introduce you to the Model of Financial and Spiritual Abundance:



I created the model of financial and spiritual abundance to explain the correlation between your connection and the amount of profit you experience in your business. When you look at this model (connection → confidence → positioning → profitability), where do you fall short?

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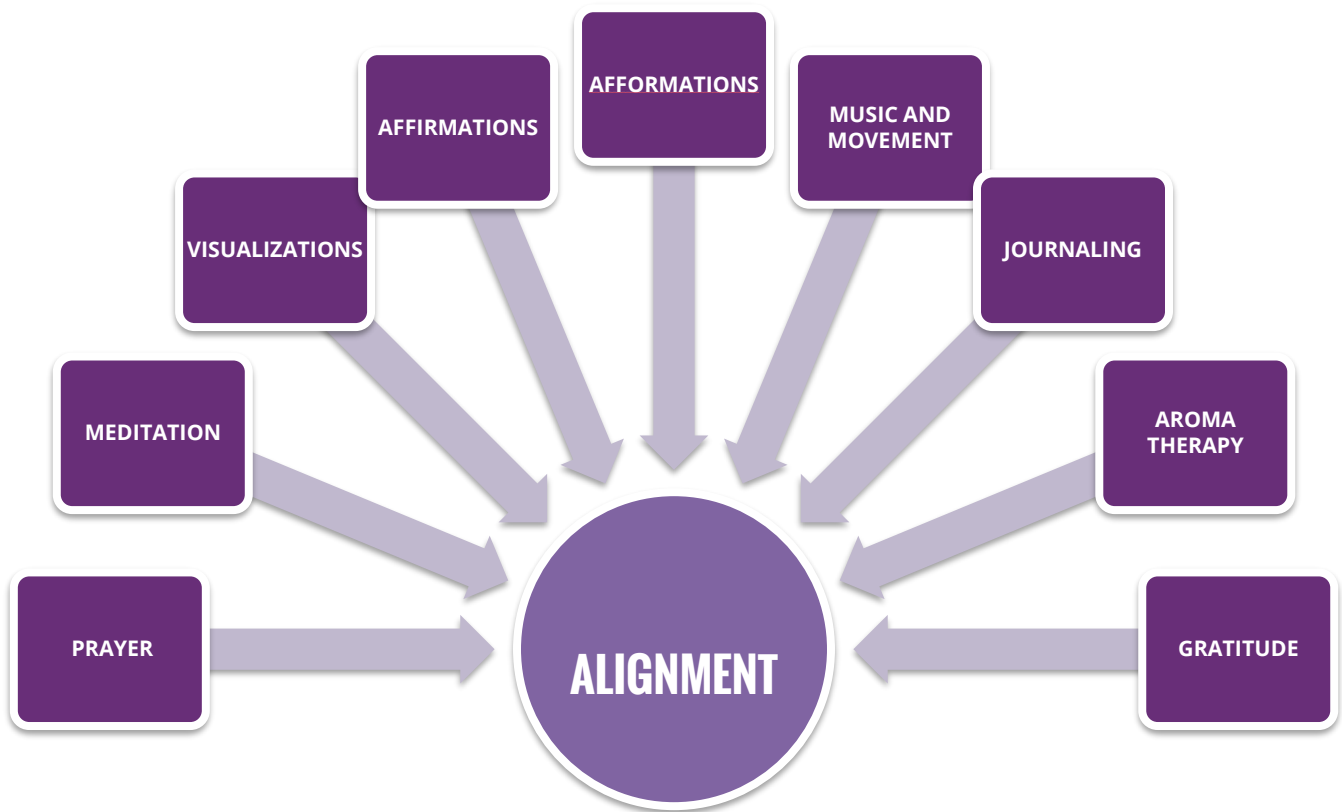


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## Getting Back Into Alignment

Once you are conscious of the problem, you can begin to make a powerful shift. My favorite ways to get back into alignment once I realize that I'm "off" is to use the modalities on the chart below. All of them can and will shift your energy so that you begin to vibrate at a higher level and open yourself up for all that God has already earmarked for you. (Psst: It's at the next level, because God doesn't look at where you are, He looks at where He wants you!)



**Which will you commit to in order to get back into alignment?**

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**Final question:** Maya Angelou says “when we know better, we become better because we do better.” Now that you are aware of your alignment, connection and confidence concerns, are you ready to become better by doing better to prepare for your NEXT LEVEL EVERYTHING?

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## Share in the Facebook Group:

Answer the following question in the [Six Figure Cash Flow Club](#):

*How are you feeling now that your alignment is shifting back to how it was when you were born?*

**Congratulations! You’ve completed Day 1 of the Next Level Everything Challenge.**

Be Incredible,