



7 Steps to Your Next Breakthrough Step 4

Your assignment: Take 15 minutes and complete this step.

Evaluate Your Circle of Influence

Fact: You become like and your income is the average of the 5 people with whom you spend your time. We must choose wisely.



List your current five (5) here:

1. _____
2. _____
3. _____
4. _____
5. _____

Now, evaluate each of them.

- If you feel like they add value, build you up and influence your success, give them a + (plus sign).
- If you feel like they pull you down, make you tired, invite confusion, give them a - (minus sign)
- If you feel indifferent, like spending time with them doesn't rub you one way or the other, give them a / (slash sign)

Legend:

- + = get to stay; they are positive influences and they support your desire to achieve your goals.
- = begin to phase out or significantly reduce the amount of time you spend with them, they are constantly causing confusion or pulling you down to their level.



- / = they are indifferent influences but since you cannot straddle the fence, you have to force their hand to find out which way they land and qualify them accordingly.

How does it feel to evaluate your current circle of influence?

What have you learned about yourself in this process?



What is your action plan to make modifications to your negative influences?

How can you celebrate your positive influences and thank them for being in your life?



What Kinds of People do I need in my life to achieve my dream?

Your Dream Circle of Influence

Now list the 5 people who you would like to add to your circle of influence because they are living what you desire and manifesting greatness in their lives each day:

List your dream five (5) here:

1. _____
2. _____
3. _____
4. _____
5. _____

Now, determine how you will add them to your circle

- Attending their seminars
- Coaching with them privately
- Joining a mastermind that they lead or belong to
- Invite them to lunch
- Interview them

What is your action plan to get in the space of these people?



Any other thoughts about step 4: Evaluate your circle of influence?

