

7 Days. 7 Breakthroughs. Your Next Level.

## Day 4: Next Level Vision, Next Level Goals, Next Level Core Values

Now we can talk vision, goals, and core values. As important as they are, if you try to develop them when you're not in alignment, unclear about who God created you to be, and letting fear rule your business... those goals <u>won't</u> stick. (This is why 90% of people who make resolutions break them BEFORE the month of January is out (SMH). But that's not going to be *your* story anymore!

In today's challenge, we start with vision because you have to see it before you set it, so that you get to experience it. Then we'll move into creating goals and then validating the goals based on our core values. Let's get started...

#### **Part 1: Next Level Vision**

Close your eyes and take three deep breaths (inhale for 4, hold for 4 and exhale for 4). Once you've finished your third breath, ask yourself, what does my next level everything look like? Once you can see it, open your eyes and write it down.

#### What does your next level everything look like?

in your health/wellness		
in your romantic relationships		



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in your personal development
in your spirituality
in your career/business
in your family and friends
in your fun and recreation
in your financial health and wealth
Are you sure? If not, go back and close your eyes again.



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Now, do you believe that what <i>you</i> see is what <i>God</i> sees? If not, what do you need to adjust?

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#### **Part 2: Next Level Goals**

Now that you know what your next level everything looks like through God's eyes, let's chart it out over the next 10 years. Where does God see yourself in 10 years? In order to be there in 10, where do you need to be in 7? In order to be there in 7, where do you need to be in 5? In order to be there in 5, where do you need to be in 3?



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In order to be there in 3, where do you need to be at the end of 2020?
This blueprint is now the start of your Next Level Everything Plan for 2020. Whoop! Whoop! (I'm going to share a resource I've created for you to finetune your blueprint on our live webinar on January 2 <sup>nd</sup> at 7pm Eastern. Be there or be square!)
Are you excited about your vision and goals? How so?
Does your vision bring your goals into alignment with all that you were born to be?
How or how not?
Why and why not?



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### **Part 3: Next Level Core Values**

**Confession time:** Not that long ago (yes, in 2019), I felt lost in my business. And I realized that I had deviated from my core values and what is most important to me. I was settling in my business. And as you participate in this challenge, I wonder if you have felt the same. So take a moment and write down your top seven core values. *(Core Value List Credit to Scott Jeffrey)* 

Acceptance	Connection	Exploration	Insightful	Present	Stability
Accomplishment	Consciousness	Expressive	Inspiring	Productivity	Status
Accountability	Consistency	Fairness	Integrity	Professionalism	Stewardship
Accuracy	Contentment	Family	Intelligence	Prosperity	Strength
Achievement	Contribution	Famous	Intensity	Purpose	Structure
Adaptability	Control	Fearless	Intuitive	Quality	Success
Alertness	Conviction	Feelings	Irreverent	Realistic	Support
Altruism	Cooperation	Ferocious	Joy	Reason	Surprise
Ambition	Courage	Fidelity	Justice	Recognition	Sustainability
Amusement	Courtesy	Focus	Kindness	Recreation	Talent
Assertiveness	Creation	Foresight	Knowledge	Reflective	Teamwork
Attentive	Creativity	Fortitude	Lawful	Respect	Temperance
Awareness	Credibility	Freedom	Leadership	Responsibility	Thankful
Balance	Curiosity	Friendship	Learning	Restraint	Thorough
Beauty	Decisive	Fun	Liberty	Results-oriented	Thoughtful
Boldness	Decisiveness	Generosity	Logic	Reverence	Timeliness
Bravery	Dedication	Genius	Love	Rigor	Tolerance
Brilliance	Dependability	Giving	Loyalty	Risk	Toughness
Calm	Determination	Goodness	Mastery	Satisfaction	Traditional
Candor	Development	Grace	Maturity	Security	Tranquility
Capable	Devotion	Gratitude	Meaning	Selfless	Transparency
Careful	Dignity	Greatness	Moderation	Self-reliance	Trust
Certainty	Discipline	Growth	Motivation	Sensitivity	Trustworthy
Challenge	Discovery	Happiness	Openness	Serenity	Truth
Charity	Drive	Hard work	Optimism	Service	Understanding
Cleanliness	Effectiveness	Harmony	Order	Sharing	Uniqueness
Clear	Efficiency	Health	Organization	Significance	Unity
Clever	Empathy	Honesty	Originality	Silence	Valor
Comfort	Empower	Honor	Passion	Simplicity	Victory
Commitment	Endurance	Норе	Patience	Sincerity	Vigor
Common sense	Energy	Humility	Peace	Skill	Vision
Communication	Enjoyment	Imagination	Performance	Skillfulness	Vitality
Community	Enthusiasm	Improvement	Persistence	Smart	Wealth
Compassion	Equality	Independence	Playfulness	Solitude	Welcoming
Competence	Ethical	Individuality	Poise	Spirit	Winning
Concentration	Excellence	Innovation	Potential	Spirituality	Wisdom
Confidence	Experience	Inquisitive	Power	Spontaneous	Wonder



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Why did you choose these 7 core values?
How do you feel they will play into your Next Level Everything?
Are your core values aligned to your Incredible Factor? How so?



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<b>Final question:</b> Maya Angelou says "when we know better, we become better because we do better." Now that you are aware of your vision, goals, value, are you ready to become better better because we do better."					
doing better so that you live your NEXT LEVEL EVERYTHING?					

### Share in the Facebook Group:

Share in the <u>Six Figure Cash Flow Club</u> today to get credit for participating on Day 4. You can share about what your Next Level Everything looks like or your core values. A Grand Prize (and your ability to successfully position yourself for your next level) is at stake, so don't forget to comment!

Congratulations! You've completed Day 4 of the Next Level Everything Challenge.

Be Incredible,