



## Your Money Back Story

Every one of us has a money backstory. As a child, in our first 7 years of living we likely saw and heard some things that have shaped our relationship with money. In the far left column, write down what you can remember witnessing as a child about money. In the subsequent columns list out how you saw the influences from years 1-7 consistently show up in your life as a teen, young adult and adult.

Ages 1 through 7	Ages 8 through 14	Ages 15 through 21	Ages 22 through 28	Ages 29 through 35	Ages 36 to 42
1	8	15	22	29	36
2	9	16	23	30	37
3	10	17	24	31	38
4	11	18	25	32	39
5	12	19	26	33	40
6	13	20	27	34	41
7	14	21	28	35	42